

## Developing Intimacy with God

**PRAISE**--Begin by praising God, declaring all that God is. State every name, description, and character trait that comes to mind.

**WAITING**--Get as comfortable as you can and bring your mind and spirit into a time of complete silence to the world. Think no thoughts but thoughts of love to God. Concentrate full attention on loving God with your whole being.

**CONFESSION**--Confess any specific sins you may be guilty of, either against God or your fellowman. Then invite the Holy Spirit to search your heart and reveal to you unconfessed sin. Listen carefully and then quickly repeat back to God everything that He brings to your mind.

**DELIVERANCE**--Become spiritually alert! Watch for the methods Satan may try to use to hinder your growth as a Christian. Ask the Holy Spirit to reveal how Satan is working in your life to try and stop you from connecting to God. Ask for God's deliverance.

**INTERCESSION**--To intercede is to stand in someone's place. Pray about the people that you are concerned about. Ask God for guidance as to how to pray for each specific need. Here is one way to pray for people:

### **B.L.E.S.S.**

Bodily needs for health, protection, strength, safety, etc.

Labor issues including daily work, income, and job security

Emotional qualities such as joy, peace, and hope

Social concerns related to support, marriage, family, and friends

Spiritual needs such as salvation, faith, & sensitivity to God

**PETITION**--Pray for your own needs.

**THANKSGIVING**--Thank God for everything that comes to mind. Move beyond words into an attitude of thanksgiving.

**MEDITATION**--Consider in your mind what God is doing in your life. Ask God to show you the purpose of the events of your day. Ask God to accomplish His purposes.

**LISTENING**--Ask a question and then listen for an answer. What would you ask God if you knew that He was listening? He is listening--Ask! Be aware of scriptures that may come to mind in answer to your question. Write down any impressions that you may have so you don't forget them.

**PRAISE**--End your prayer as you began with joyful praise!